

DIVINE CHOCOLATE COMPANY produces delicious Divine and Dubble Fairtrade chocolate. The Ghanaian cocoa growers own 45% of the company, giving them a share in the profits and a say in how it operates. *Contact: 4 Gainsford St, London SE1 2NE. Tel: 020 7378 6550 Email: info@divinechocolate.com Web: www.divinechocolate.com, www.dubble.co.uk*

EARTHBOUND Friendly and comprehensively stocked organic food shop selling many Fairtrade products, from bananas, chocolate and coffee to dried fruits, fruit juice, honey, sugar and tea. *Contact: Pat and Martin Clark, 8 Abbotsford Rd, Cotham, Bristol BS6 6HB. Tel: 0117 904 2260*

EQUAL EXCHANGE TRADING Organic and Fairtrade product range that includes coffee, tea, cocoa, honey, nut butter, sugar and confectionery. *Contact: Suite 1, 2 Commercial St, Edinburgh EH6 6JA. Tel: 0131 554 5912 Email: info@equalexchange.co.uk Web: www.equalexchange.co.uk*

THE ESSENTIAL TRADING CO-OPERATIVE Bristol-based workers' co-operative that specialises in supplying natural, organic, GM-free and Fairtrade vegetarian and vegan wholefoods to independent businesses in the UK and abroad. *Contact: Unit 3, Lodge Causeway Trading Estate, Fishponds, Bristol BS16 3JB. Tel: 0117 958 3550 Fax: 0117 958 3551 Email: contact-us@essential-trading.coop Web: www.essential-trading.coop*

FARMA works throughout the UK and is the largest organisation of its type in the world, representing direct sales to customers through farm shops, pick-your-own, farmers' markets, home delivery, on-farm catering and farm entertainment. *Contact: 12 Southgate St, Winchester, Southampton, SO23 9EF. Tel: 0845 458 8420 Web: www.farma.org.uk*

FARMERS' MARKETS Local, organic, free-range, quality, fresh produce for local people. *Tel: 0845 458 8420 Web: www.farmersmarkets.net*

Bath Every Sat, 8am-1pm. Green Park Station, Green Park Rd. *Tel: 01225 310418*

Bristol Every Wed, 9.30am-2.30pm, Corn St, Bristol. *Contact: Steve Morris on 0117 922 4016*

Whiteladies Rd Farmers' Market (at Apsley Rd) 8.30am-1pm, first Friday & 9am-2pm, 3rd Saturday

Keynsham Second Sat of every month, 9am-1pm. Fear Institute, Keynsham High St. *Contact: Mark Tutton on 01460 249405*

FEDERATION OF CITY FARMS AND COMMUNITY GARDENS is a charity that supports, promotes and represents city farms and community gardens throughout the UK. *Contact: The GreenHouse, Hereford Street, Bristol BS3 4NA. Tel: 0117 923 1800 Fax: 0117 923 1900 Email: west@farmgarden.org.uk Web: www.farmgarden.org.uk*

FOOD FOR ALL Cooperative selling wholefoods - including locally grown fruit and vegetables (using organic methods) - at low cost, thereby making these products affordable to people on low incomes. Shop open 10am-2pm, Mon-Fri. *Contact: Carol (office manager), Unit 4, The Gatehouse Centre, Hareclive Rd, Bristol, BS13 9JN. Tel: 0117 946 5285 Email: carol.4acres@hheag.org.uk Web: www.hheag.org.uk*

FRANK Bristol-based company bottling natural Devon spring water and aiming to supply the UK's demand for bottled water in a socially responsible way - by giving all the profits to clean water projects around the world. *Tel: 01173 700 999 Email: hello@frankwater.com Web: www.frankwater.com*

FRESH & WILD Natural and organic food retailer. *Contact: 85 Queens Rd, Clifton, Bristol BS8 1QS. Tel: 0117 910 5930 Web: www.wholefoods.com*

GERBER JUICE COMPANY Fairtrade fruit passion juices. *Contact: Mallard Court, Express Park, Bridgewater, Somerset TA6 4RN. Tel: 01278 441600 Email: astrid.herms@gerberjuice.com Web: www.gerberjuice.com*

GREEN & BLACK'S Makers of Maya Gold Fairtrade chocolate and Soil Association-certified organic and Fairtrade chocolates and ice-cream. *Contact: 2 Valentine Place, London SE1 8QH. Tel: 020 7633 5900 Web: www.greenandblacks.com*

HARVEST FOODS Workers' cooperative that's been trading in healthy foods for over 30 years. Harvest stocks the widest range of natural and organic foods, making healthy eating an exciting and enjoyable experience. Guaranteed GMO-free. *Contact Bristol: 11 Gloucester Rd, Bristol BS7 8AA. Tel: 0117 942 5997 Email: info@harvest-bristol.coop Contact Bath: 37 Walcot St, Bath BA1 5BN. Tel: 01225 465519 Email: info@harvest-bath.coop*

HEALTH UNLIMITED Local shop selling wholefoods, health products and gifts. *Contact: The Silver Gecko Company Ltd, 248 North St, Ashton, Bristol BS3 1JD. Tel: 0117 902 0622 Email: info@silver-gecko.com Web: www.silver-gecko.com*

LA RUCA Huge range of Fairtrade goods, including foodstuffs and black pottery from Columbia. Eco-friendly cleaning products on sale, refills available. Now provides catering services with a difference for a variety of events. Cafe serves Fairtrade tea and coffee and delicious homemade vegetarian food. *Contact: 89 Gloucester Rd, Bishopston, Bristol BS7 8AS. Tel: 0117 944 6810*

LOCAL FOOD INITIATIVES provides specialist research and consultancy services to organisations and enterprises involved in local and sustainable food initiatives. *Contact: PO Box 1234, Bristol BS99 2PG. Tel: 0845 458 9525 Email: mail@localfood.org.uk Web: www.localfood.org.uk*

LONDON ROAD FOOD CO-OP (BATH) Community co-operative providing Fairtrade, organic and a fair range of vegan foods including vegetables, bread, eggs and household goods sourced as locally and directly as possible. Community ownership and involvement encouraged - volunteers welcome. *Contact: Riverside Community Centre, York Place, London Rd, Bath. Tel: 07837 784715*

MARSHFIELD ORGANIC FARM Local organic meat. *Contact: Dawn or Louie. Tel: 01225 891397 Email: info@marshfieldorganicfarm.com*

NORWOOD FARM has organically reared rare and native breeds of farm animals. Organic beef, pork lamb and poultry available from the shop all year round, as well as organic eggs, dairy and deli produce. Part sizes available. *Contact: Carol, Norwood Farm, Norton St Philip, Bath BA2 6LP. Tel: 07854 084590*

ONE STOP THALI CAFE Friendly local restaurant specialising in homecooked Indian street food. A set menu that changes daily ensures a fresh, vibrant and unique experience. The cafe hosts live music on Sun. Closed Mon. *Contact: 12 York Rd, Montpelier, Bristol, BS6 5QE. Tel: 0117 942 6687 Web: www.onestopthali.co.uk*

THE ORGANIC HERB TRADING CO Organic herbal teas, tinctures, culinary herbs and spices, infusions and Christmas products. Supplies products for medicinal, culinary and bodycare needs. Contact them for details of your nearest stockist. *Contact: Milverton, Somerset TA14 1NF. Tel: 01823 401205 Email: reception@organicherbtrading.com Web: www.organicherbtrading.com*

THE ORGANIC LIVING DIRECTORY is dedicated to bringing you all the information you need to shop around for great organic food, wine, clothes and other products. Will also keep you up to date on food news. *Contact: Chris Stannard. Email: info@single-world.biz Web: www.organicliving.ukf.net*

PERCOL Fairtrade and organic coffees and teas. *Contact: Food Brands Group, 9-10 Calico House, Plantation Wharf, Battersea, London SW11 3TN. Tel: 020 7978 5300 Web: www.percol.co.uk*

PERTWOOD ORGANICS COOPERATIVE Large Wiltshire organic farm with an extensive range of organic breakfast cereals, gourmet foods and meats available in independent healthfood stores and supermarkets and by mail order. *Contact: Lords Hill Barn, Lower Pertwood Farm, Longbridge Deverill, Warminster, BA12 7DY. Tel: 01985 841 155 Email: customerservices@pertwoodorganicfarm.co.uk Web: www.pertwood.co.uk*

PROGRESO coffee bars are the antithesis of the global corporate coffee chain, with better products and real heart. Coffee growers own a share of Progreso, so profit directly from the success of the business. They also receive a guaranteed fair price for the coffee they supply. *Email: enquiries@progreso.org.uk Web: www.progreso.org.uk*

PUKKA HERBS Ayurvedic company committed to sustainable and organic farming in Sri Lanka and India, providing a range of high-quality herbal teas and medicinal herbs. *Contact: 8 Hawkfield Business Park, Bristol, BS14 0BY. Tel: 0117 9640 944 Email: enquiry@pukkaherbs.com Web: www.pukkaherbs.com*

PUREWINE COMPANY Organic wine by mail order. *Email: service@purewine.co.uk Web: www.purewine.co.uk*

QUARTIER VERT Restaurant, cafe and event caterer offering predominantly organic food. *Contact: 85 Whiteladies Rd, Bristol BS8 2NT. Tel: 0117 973 4482 Email: info@quartiervert.co.uk Web: www.quartiervert.co.uk*

RADFORD MILL FARM SHOP Organic fruit and vegetables, and a full range of mostly organic wholefoods, herbs and spices and exceptionally good cheese. Have a smoothie or a fresh juice at the organic cafe while you shop. *Contact: 39-41 Picton St, Montpelier, Bristol BS6 5PZ. Tel: 0117 942 6644 Fax: 0117 942 1850 Email: richardrmf@hotmail.com missemackie@gmail.com*

REAL MEAT COMPANY sells meat from animals reared in traditional ways with concern for their welfare. No growth promoters or additives, no animal protein feeds to pigs and poultry. *Contact: Tel: 01985 840562 Fax: 01985 841005 Email: info@realmeat.co.uk Web: www.realmeat.co.uk*

RIVERFORD ORGANIC VEGETABLES delivers fresh vegetables from the farm direct to your door. *Contact: Wash Barn, Buckfastleigh, Devon TQ11 0LD. Tel: 0845 600 2311 Web: www.riverford.co.uk*

SHEEPDROVE ORGANIC FAMILY BUTCHERS Local organic butcher also stocking other delicious goods. Open daily, Mon-Sat 7.30am-5.30pm, Sun 10am-2pm. *Contact: 3 Lower Redland Rd (off Whiteladies Rd), Bristol BS6 9TB. Tel: 0117 9734643 Web: www.sheepdrove.com*

SLOW FOOD International association that promotes food and wine culture, and defends food and agricultural biodiversity worldwide. Appears at Bristol Farmers' Market, first Sun of the month, 10am-3pm. *Contact (Bristol): Connie Haughton. Email: john@instantmarquees.co.uk Web: www.slowfoodbristol.org Contact (UK): Fiona Richmond (coordinator). Tel: 01584 879599 Email: f.richmond@slowfood.com Web: www.slowfood.com*

SOUTHSIDE FOOD CO-OP Fresh, high-quality vegetables, fruit, eggs and bread at wholesale prices, much of it sourced locally. Also runs basic cookery courses, giving participants the confidence and skills to cook simple healthy meals. Plus plans for a community cafe project. *Contact: South Vaults, Green Park Station, Bath, BA1 1JB. Tel:*

Handy tips
to... Cut
the carbon **i count**

ENJOY PUBLIC TRANSPORT. Transport causes 25% of the UK's carbon emissions. The average UK car running at 29 mpg will produce 36 kg of CO₂ every 100 miles. Travel advice: www.travelbristol.org or 0870 608 2608. Lift share: www.2carshare.com. Global travel: www.seat61.com

GLOBAL DIRECTORY 2007/8

CONSUMER

01225 787910 Fax: 01225 750930 Email: viivt@envolve.co.uk
Web: www.envolve.co.uk

STONEAGE ORGANICS Organic box scheme that supports a sustainable system of agriculture, reducing over-packaging, transport and pollution. Contact: *Stoneage Farm, Cothelstone, Taunton, Somerset TA4 3ED. Tel: 01823 432488* Web: www.stoneage-organics.co.uk

STONEGROUND Health and Fairtrade goods. Contact: *5 The Mall, Clifton Village, Bristol BS8 4DP. Tel: 0117 974 1260*

SUMA FOODS The UK's largest independent wholesaler and distributor of quality vegetarian, fairly traded, organic and natural foods. Contact: *Suma Wholefoods, Lacy Way, Lowfields Business Park, Elland, West Yorks HX5 9DB. Tel: 0845 458 2290* Email: info@suma.coop Web: www.suma.coop

TASTE OF NORTH SOMERSET Local Food Partnership to North Somerset Council which aims to increase the consumption of local, healthy food. Contact: *North Somerset Council, 3rd Floor, Town Hall, Weston-super-Mare, Somerset, BS21 1UJ. Tel: 01275 888627 Fax: 01934 612006* Email: sustainability@n-somerset.gov.uk

TOPQUALITEA Contact: *3 Braycroft Close, Holbrooks, Coventry CV6 4ED. Tel/fax: 01203 662340* Web: www.topqualitea.com

TROPICAL WHOLEFOODS works with African farmers to develop environmentally sustainable production of high-quality dried fruits for sale in Britain and Europe. All importation is on a Fairtrade basis. Contact: *FM Foods Ltd, Unit 5d Southwick Industrial Estate, North Hylton Rd, Sunderland, SR5 3TX. Tel: 0191 548 0050 Fax: 0191 516 9946* Email: karen@fullwellmill.co.uk Web: www.tropicalwholefoods.co.uk

UNIVERSITY STUDENTS' UNION SHOPS sell and support

Fairtrade products. Also run a purchasing consortium which negotiates deals and buys £120m worth of goods on behalf of over 200 Students' Unions around the UK. There are Bristol University Shops in Queens Rd building and Hiatt Baker Hall, Stoke Bishop. Contact: *Web: www.ubu.org.uk/services/ubu-shops* Student Shops can be found in UWE, Bath and many other SU buildings. General info on university purchasing: www.mussl.co.uk

VINCEREMOS ORGANIC WINES Organic wine, spirits, beer, cider and more. Over 300 to choose from, many suitable for veggie and vegans. Free list; order by post, phone, fax, email or web. Contact: *Munro House, Duke St, Leeds, LS9 8AG. Tel: 0800 107 3086* Email: webinfo@vinceremos.co.uk Web: www.vinceremos.co.uk

VINTAGE ROOTS LTD: THE ORGANIC WINE SPECIALISTS Specialist importers and suppliers of organic wines, beers, ciders, spirits, juices, vinegars and oils. Nationwide mail-order service, call for a free list. Contact: *Farley Farms, Bridge Farm, Reading Rd, Arborfield, Berks RG2 9HT. Tel: 0800 980 4992* Email: info@vintageroots.co.uk Web: www.vintageroots.co.uk

THE WHOLE BAKED CAFE provides vocational training for people with learning difficulties. Dishes from around the world freshly prepared every day using local and seasonal ingredients, organic Fairtrade coffee. Cafe open 12noon-2pm, Mon-Fri. Outside catering service delivers on weekdays in the Bristol area. Contact: *7-10 Lauford St, St Philips, Bristol BS2 0DH. Tel: 0117 908 2266* Email: cafe@csvavon.org.uk (training enquiries), admin@csvavon.org.uk (catering enquiries) Web: www.csvavon.org.uk (follow link to Whole Baked Cafe)

WILD OATS Natural food shop selling over 12,000 product lines including everything from organic breads and a huge selection of ambient, chilled and frozen foods to organic wines and beers and lots of deli products. Plus an

impressive range of food supplements, skincare products, herbs, homoeopathic remedies and aromatherapy. Products are local, Fairtrade and organic wherever possible. Contact: *9-11 Lower Redland Rd, Bristol BS6 6TB. Tel: 0117 973 1967* Email: info@woats.co.uk Web: www.woats.co.uk

YAOH FOODS Quality organic vegan hemp products using only the best natural ingredients. Organise annual vegan fayre and produce publication 'A Vegan Guide to Bristol'. Contact: *Yaoh, PO Box 333, Bristol BS9 1NE. Tel: 0117 923 9053* Email: info@yaoh.co.uk Web: www.yaoh.co.uk, www.bristolveganfayre.co.uk

ZAYTOUN UK-based organisation importing Fairtrade, pesticide-free extra virgin olive oil and other products from Palestine: 100% of its profits help marginalised Palestinian farmers. Working towards Fairtrade and organic certification. Contact: *33 Carronade Court, Eden Grove, London, N7 8EP. Tel: 0845 345 4887* Email: order@zaytoun.org Web: www.zaytoun.org

Home & Garden

ARNE HERBS Suppliers of 900 varieties of herbs and native wild flowers for the recreation of historic gardens, conservation projects and private gardens everywhere. Contact: *Limeburn Hill, Chew Magna, Bristol BS40 8QW. Tel: 01275 333399* Email: arneherbs@aol.com Web: www.arneherbs.co.uk

AVALON YURTS Group promoting yurts, a sustainable way of life, which can be achieved using low-impact methods. Contact: *PO Box 23, Shepton Mallet, Somerset BA4 6WW. Tel: 07916 284270* Email: avalonyurts@gmail.com Web: www.avalonyurts.co.uk

AVON ORGANIC GROUP (AOG) Bristol group for anyone interested in promoting organic gardening and organic foods. Membership required. Contact: *Tel: 0117 942 4046* Email: membership@avonorganicgroup.org.uk Web: www.avonorganicgroup.org.uk

BATH ALLOTMENTS ASSOCIATION aims to promote allotment use in Bath and conduct negotiations with the local authority to that end. Contact: *Helen Woodley. Tel: 01225 338152* Web: www.banes-allotments.org

BATH ORGANIC GROUP promotes production of healthy food by organic methods, via a community garden in central Bath (near Royal Victoria Park), a farmers' market stall and literature including newsletter, lectures and visits. Contact: *Sheila Blethyn (membership secretary). Tel: 01225 866150* Email: info@bathorganicgroup.org.uk Web: www.bathorganicgroup.org.uk

BEANS & HERBS Specialist in organic seeds, vegetables and herbs: 100 different sorts of medicinal, aromatic and culinary herbs are grown, using organic and peat-free compost - no artificial fertilisers or pesticides. Nursery open by appointment only. Contact: *The Herbarry, 161 Chapel St, Homingsham, Warminster, Wilts BA12 7LU. Email: info@beansandherbs.co.uk* Web: www.beansandherbs.co.uk

BRISTOL GREEN GARDENERS Bristol's local directory of environmental gardening, landscaping and arboricultural professionals. BGG will help you design, create and maintain beautiful and ecologically rich gardens while minimising environmental impact. Contact: *Chris Swinburn, 28 Wittheigh Rd, Knowle, Bristol BS4 2LQ. Tel: 0117 907 1188/07779 568394* Email: info@bristolgreengardeners.com Web: www.bristolgreengardeners.com

CENTRE FOR ALTERNATIVE TECHNOLOGY (CAT) has 30 years' experience of demonstrating environmental solutions. Key areas of work are renewable energy, environmental building and energy efficiency. A unique seven-acre visitor demonstration centre open daily. Facilities for schools/colleges, a free information service, consultancy, public courses, publications, mail-order service and quarterly 'Clean Slate' membership

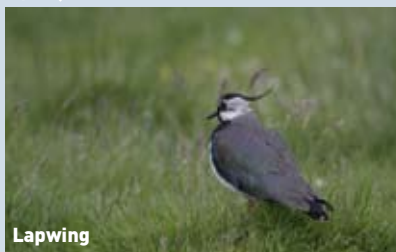
The wild card

Jane Laurie from the South West Wildlife Trust is working hard to save the skylarks and bluebell woods in our back yard

● Climate change is already affecting some of our most treasured wildlife. Some species won't survive weather that's much hotter or more turbulent than now, or be able to cope with extremes of drought or wet. Ground-nesting birds like lapwing and skylarks lost their broods in the Gloucestershire floods. Small mammals like voles and mice were also hit - and this in turn affects predators like barn owls which rely on them for food.

Nature's complicated clock may be thrown off-kilter. There's already evidence that the south west's natural timetable is altering, and the shift isn't uniform. We may start to see baby birds hatching too early or late for the seeds, grubs or bugs on which they and their parents feed. Bluebells may not have time to flower before they're shaded out by the woodland canopy.

What wildlife needs is space to adapt, to find new habitats - perhaps to move to higher



Lapwing

ground, further north or simply to the shady side of a wood. This is why The Wildlife Trusts and partners are working to create a vast network of landscape-scale conservation projects, linked by wildlife corridors. But it's not just wildlife that will benefit. It's also a chance for people to find a new relationship with wild nature on their doorstep. A more wildlife-rich environment can contribute in many other ways, too. Creating more wetlands could help soak up floodwater. Better management of our woodlands could provide a carbon-neutral supply of woodfuel. And new cyclepaths could provide green corridors.

There's plenty that you can do to help, from wildlife gardening to practical conservation volunteering or recording wildlife changes. We also need to peg average global temperature rises at under 2°C, or the scale of change will be beyond the capacity of our wildlife to adapt. And that means making big changes in the way we live. We can all make a start by saving energy in our homes, making wise travel choices and shopping for local produce.

Will the future be wildlife rich and better for us all? It's up to us to decide.

Ffi: www.swwt.org.uk



magazine. Tel: 01654 705989 Email: info@cat.org.uk
Web: www.cat.org.uk

COMMUNITY COMPOSTING NETWORK (CCN) supports and promotes community management and use of biodegradable waste resources. Contact: CCN, 67 Alexandra Rd, Sheffield S2 3EE. Tel: 0114 258 0483/255 3720 Email: info@communitycompost.org Web: www.communitycompost.org

DAYLIGHT DEVELOPMENTS Stockists and installers of solatubes - allowing natural, non-artificial light into your building for commercial and residential purposes. Contact: Tel: 01454 269000 Web: www.daylightdevelopments.co.uk

ECO HOME STORE Home accessories and gifts from natural, sustainable and recycled sources. Contact: Westmill Farm, Westmill Rd, Ware, Herts SG12 0ES. Email: ecohomestore@aol.com Web: www.ecohomestore.co.uk

ECO INSIGHTS Online retailer, set up by owner Nigel because "I was inspired by products and ideas that solve environmental challenges. They use less energy, re-use materials, or don't pollute, and yet do the same job as non-eco products, and look and feel just as great." Contact: 55 Coleridge St, Hove, BN3 5AB. Tel: 0800 288 8970 Email: helpme@nigelsecstore.com Web: www.nigelsecstore.com

ECO-MERCHANT SUPPLIERS provide sustainable building materials. Contact: Head Hill Rd, Goodnestone, Nr Faversham, Kent ME13 9BY. Tel: 01795 530130 Web: www.ecomerchant.co.uk

ECOS aims to make sustainable building and neighbourhoods the norm by 2010. Contact: Nigel Griffiths (project manager), Town Hall, Bow St, Langport, Somerset TA10 9PR. Tel: 01458 259400 Email: admin@sustainablehousing.org.uk Web: www.sustainablehousing.org.uk

ECOZONE Ecologically sound household goods. Contact: Unit 1, Tannery Close, Beckenham, Kent BR3 4BY. Tel: 0845 230 4200 Fax: 0845 230 4220 Email: customerservice@ecozone.co.uk Web: www.ecozone.co.uk

FOREST OF AVON PRODUCTS Locally produced woodland products - charcoal, hurdles, bowls and furniture for the garden and home. This marketing coop sources all timber from managed woodlands in the Forest of Avon, helping to support the local woodland and timber economies. Contact: Ashton Court Visitor Centre, Ashton Court Estate, Long Ashton, Bristol BS41 9JN. Tel: 0117 953 2141 Email: info@forestofavon.org.uk Web: www.forestofavon.org.uk

GARDEN ORGANIC is the working name for HDRA, the national charity for organic growing. Contact: Ryton Organic Gardens, Coventry, Warwickshire CV8 3LG. Tel: 024 7630 3517 Email: enquiry@gardenorganic.org.uk Web: www.gardenorganic.org.uk

THE GOOD GARDENERS ASSOCIATION Registered charity promoting nutritiously grown organic food by linking soil ecosystems with health and vitality. Tel: 01453 520322 Email: office@goodgardeners.org.uk Web: www.goodgardeners.org.uk

GREEN BUILDING PRESS have a website and book promoting energy-efficient, healthy and sustainable building. Contact: Green Building Press, PO Box 32, Llandysul, Carmarthenshire, Wales SA44 5ZA. Tel: 01559 370798 Web: www.newbuilder.co.uk

GREEN BUILDING STORE Online shop supplying building products which promote energy-efficient, sustainable and healthy homes, from redecorating to refurbishing - or even building a new home. Contact: Heath House Mill, Heath House Lane, Bolster Moor, West Yorks HD7 4JW. Tel: 01484 461705 Fax: 01484 653765 Email: info@greenbuildingstore.co.uk Web: www.greenbuildingstore.co.uk

GREEN CONSUMER GUIDE provides environmental, ethical and sustainable products, services and news. Tel: 0191 275 9777 Email: contact@greenconsumerguide.com Web: www.greenconsumerguide.com

All together now

Be healthy, productive, socially just and environmentally responsible, says Sustainability SW director Leslie Watson

Frances, mother of two, wants to be part of the low-carbon solution to climate change.

She's worked out her carbon footprint and knows if she reduces it from its current 6.6 tonnes to 4.2 tonnes, she'll be within her 'fair share' of carbon for 2007. She's signed up with Beth, online personal carbon coach at Fair Shares, Fair Choice (FSFC), who's provided her with carbon-cutting challenges. Frances now plans to holiday in Europe once a year instead of twice, saving a massive 1.5 tonnes of carbon; walk rather than drive distances under two miles (such as the school run), saving 124kg of carbon per year; buy local, seasonal fruit and vegetables, saving 500kg of CO₂ per year; and turn the house heating down 1°C, saving 294kg annually. Voila! Frances has achieved her target 4.2 tonnes carbon footprint and she's working on ways to reduce it even further.

Reduce your footprint: www.fairsharesfairchoice.com

Pete, a student, is fed up with the amount of packaging he's always throwing away. He's aware of the wider waste problem, too: 10 million tonnes of waste 'wrapping' generated each year. So he downloaded SW's shopper's guide to packaging and found out how he could help. To avoid taking home unnecessary plastic bags, Pete remembers to take his own re-useable bags and containers to the shops. He chooses unpackaged goods whenever possible, such as fruit and vegetables, or food bought by weight from his local scoop-shop or market. If he has to buy something wrapped, he looks for reusable, recycled and recyclable materials (eg paper, cardboard, glass, metal). Pete then recycles everything he can - or re-uses it in inventive ways.

Reduce your packaging: www.sustainabilitysouthwest.org.uk/projects/pioneers_of_packaging

Reduce your packaging: www.sustainabilitysouthwest.org.uk/projects/pioneers_of_packaging

THE GREEN REGISTER brings together all the disciplines in the construction industry, listing builders, architects, tradespeople and more, all committed to sustainable working practices. Also features a searchable online national database. Contact: Tel: 0117 377 3490 Fax: 0117 922 4444 Email: mail@greenregister.org Web: www.greenregister.org

THE GREEN SHOP provides products for a sustainable future, from Fairtrade and solar, wind and rainwater harvesting systems to green-living books and environmentally friendly paints. Products available via mail order from: Cheltenham Rd, Bisley, Stroud, Gloucs GL6 7BX. Tel: 01452 770629 Email: enquiries@greenshop.co.uk Web: www.greenshop.co.uk

JEKKA'S HERB FARM is recognised as the country's leading authority on growing and using herbs, holding the largest collection of culinary and medicinal herbs anywhere in the UK. Contact: Jekka's Herb Farm, Rose Cottage, Shellards Lane, Alveston, Bristol BS35 3SY. Tel: 01454 418878 Email: farm@jekkasherbfarm.com Web: www.jekkasherbfarm.com

LIVING ETHICALLY Independent portal into the world of organic, ecological and ethical living. Shopping directory includes hundreds of links, all to UK companies where you can order online for home delivery. Contact: Ethical Earth, PO Box 3194, Norwich NR6 7WW. Email: getintouch@livingethically.co.uk Web: www.livingethically.co.uk

THE MEXICAN HAMMOCK COMPANY Hammocks bought from cooperatives on a Fairtrade basis. Bristol-based; mail



Alex knows that where he goes and the choices he makes on holiday matter, and that's as true for the environment as it is for the economy, so he's decided there's never been a better time to discover the UK. Local food and drink are a great way to get a 'true taste' of where he's visiting, so he shops at markets, local shops, farm shops and direct from producers, knowing that the fresher the food and the less it's had to travel, the tastier it will be. He likes to get a real feel of where he's staying by exploring what's on his doorstep and always finds something interesting just around the corner. Alex lets his car have a holiday too, using local transport, biking and walking to get around, not having to worry about traffic or parking or navigating, and he can truly enjoy that pint of local ale.

Find out more about sustainable tourism: www.futurefootprints.org.uk

Ffi: www.sustainabilitysouthwest.org.uk For guidance on sustainability in the workplace: www.shapersw.net

order only. Contact: 42 Beauchamp Rd, Bristol BS7 8LQ. Tel/fax: 0117 942 5353 Web: www.hammocks.co.uk

NATIONAL SOCIETY OF ALLOTMENT & LEISURE GARDENERS Advisory body helping you to grow your own food and keep healthy. Also online shop, directory and events. Contact: NSALG, O'Dell House, Hunters Rd, Corby, Northants NN17 5JE. Tel: 01536 266576 Fax: 01536 264509 Email: natsoc@nsalg.org.uk Web: www.nsalg.org.uk

NATURAL ENGLAND (FORMERLY ENGLISH NATURE) A new, exciting organisation aiming to conserve and enhance the value and beauty of England's natural environment. Gardening advice and downloads at www.english-nature.org.uk/Nature_in_The_Garden Bristol contact: Block 3, Government Buildings, Burghill Rd, Westbury on Trym, Bristol BS10 6NJ. Tel: 0117 959 1000

ORGANIC GARDENING Britain's only monthly magazine for the organic gardener. Expert advice on every aspect of the garden. A4 62p SAE for free copy! Contact: Gaby Bartai, The Garden Flat, 22b Hayburn Crescent, Glasgow, G11 5AY. Tel/fax: 0141 357 5537 Email: gaby@organicgardeningmagazine.co.uk Web: www.organicgardeningmagazine.co.uk

ORGANIC VEGETABLES A wide range of information for organic vegetable growers. Contact: Phil Sumption/Dr Anton Rosenfeld. Email: psumption@hdra.org.uk, arosenfeld@hdra.org.uk Web: www.organicveg.org.uk

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CONSUMER

Handy tips to... Cut the carbon i count

BUY FAIRTRADE. Source over 2,500 fair trade, organic and eco-friendly products at www.ethicalsuperstore.com, or www.bristolfairtradenetwork.org.uk, www.bathfairtrade.org.

RIVERSIDE GARDEN CENTRE Cooperative garden centre stocking a wide range of organic and environmentally sound products including peat-free composts. Veggie cafe. *Contact: Clift House Rd, Southville, Bristol BS3 1RX. Freephone: 0800 037 5796 Email: info@riversidegardens.com Web: www.riversidegardencentre.com*

SEVEN GENERATIONS Natural cleaners, eco-friendly paints and floor waxes, Burt's Bees beauty products and sustainable hardware. *Contact: 10-12 Picton St, Bristol BS6 5QA. Tel: 0845 330 3934 Email: info@sevengenerations.co.uk Web: www.sevengenerations.co.uk*

TIMBER ROUTES Not-for-profit organisation committed to restoring links between local woodlands and traditional crafts. Offers training and apprenticeships to young, disadvantaged people, teaching traditional techniques used to build greenwood furniture, garden structures and decking. Designs for tables, benches and storage units; quality, affordable carpentry, joinery and timber-framing services. All products made from local hard and softwoods from sustainable woodlands. *Contact: 42 Armoury Square, Easton, Bristol BS5 0PT. Tel: 0117 952 2585/903 9775 Email: info@timber-routes.co.uk Web: www.timber-routes.co.uk*

TINKERS BUBBLE Great example of a simple, low-impact living community, based at Little Norton, nr Yeovil, Somerset. Open to visitors. *Contact: Tel: 01935 881975 Web: www.economads.com/log20020524-20020531.php Info on their planning advice, 'The Land is Ours': www.tlio.org.uk/chapter7*

TOTAL SENSE LIVING Beautiful, comfortable natural spaces in which to work and play. *Contact: Green Park Station, Bath BA1 1JB. Tel: 0845 330 8203 Email: info@totalsenseliving.co.uk Web: www.totalsenseliving.co.uk*

WHOLESOME FOOD NETWORK A network of growers, processors, suppliers and distributors of authentic, locally grown, wholesome food. *Contact: Ball Cottage, East Ball Hill, Hartland, Devon EX39 6BU. Tel: 01237 441118 Email: sky@wholesome-food.org.uk Web: www.wholesome-food.org.uk*

WILDLIFE GARDENING GUIDES Website with info about getting started with wildlife gardening. Particular interests are our native butterflies and moths, plus birds, wildflowers and garden wildlife of all sorts. *Contact: Jenny Steel. Tel: 01588 673019 Email: jenny@wildlife-gardening.co.uk Web: www.wildlife-gardening.co.uk*

Clothing, Toiletries, Babycare & Gifts

21st CENTURY HEALTH Natural products for healthy skin, hair and lifestyle. *Contact: PO Box 46004, London W9 2WN. Tel: 020 7289 2121 Email: info@21stcenturyhealth.co.uk Web: www.21stcenturyhealth.co.uk*

BABECO UK Female-led community manufacturer of cotton nappies; also has nappy-washing service. Shop has a range of products. *Contact: 90 Lower Cheltenham Place, Montpellier, Bristol, BS6 5LF. Tel: 0117 935 1609 Email: info@babeco.co.uk Web: www.babeco.co.uk*

BISHOPSTON TRADING COMPANY Workers' cooperative

set up to create employment in the southern Indian village of K.V. Kuppam. Adult's and children's clothes are designed and marketed in Bristol, and made up from handwoven organic cotton and denim in the village. Shops in Bishopston, Bradford on Avon, Stroud, Glastonbury and Totnes. *Contact: 193 Gloucester Rd, Bishopston, Bristol BS7 8BG. Tel: 0117 924 5598 Email: mail@bishopstontrading.co.uk Web: www.bishopstontrading.co.uk*

BORN Specialists in natural, organic and Fairtrade parenting products. *Bristol contact: Eva & Georgina Fernandes, 64 Gloucester Rd, Bishopston, Bristol BS7 8BH. Tel: 0117 942 0818/924 5080 Web: www.borndirect.com*

CHANDNI CHOWK Shop selling a wide range of fairly traded goods from around the world. *Contact (Bath): 6 New Bond St Place. Tel: 01225 484700 Fax: 01225 483541. Bristol: 66 Park St, Tel: 0117 930 0059 Email: chandni@bigfoot.com Web: www.chandnichowk.co.uk*

CLOTHWORKS Clothing manufacturer using organic cotton, linen and hemp. Good design and ethical manufacture, aiming to change the perception of 'green clothing'. *Contact: PO Box 3233, Bradford on Avon BA15 2WB. Tel: 01225 309218 Email: info@clothworks.co.uk Web: www.clothworks.co.uk*

DAKINI Fairtrade products from Nepal. Women's cooperative produces stationery, bags, slippers, etc. *Contact: Mandy Brown, 1-2 South Parade, Chew Magna, BS40 8SH. Tel: 01275 332430 Email: dakini@btconnect.com*

ETHECO Free, ethical, eco-friendly shopping engine to help you make informed purchasing choices based on the ethical issues that are important to you, including human rights, environmental issues and social justice. *Web: www.etheco.com*

ETHICAL WARES Ethically-based mail-order company run by vegans who seek to trade in a manner which doesn't exploit animals, humans or the wider environment. *Contact: Caegwyn, Temple Bar, Felinfach, Ceredigion SA48 7SA, Wales. Tel: 01570 471155 Fax: 01570 471166 Email: vegans@ethicalwares.com Web: www.ethicalwares.com*

EVOLUTION GIFT SHOP Ethical-trading gift shop, run by a team of Buddhists, providing friendly service in a peaceful environment in the heart of Bristol's shopping centre. *Contact: Unit UG12, Galleries, Broadmead, Bristol BS1 3XD. Tel: 0117 922 5877 Web: www.evolutiongifts.co.uk*

FAIR DEAL TRADING Home of the UK's first Fairtrade Football. Now offer several footballs as well as basketballs, rugby balls, volley balls and more. All sports balls are Fairtrade as well as FSC certified. Also produce Ethletic trainers, fairly traded and stylish sneakers, also certified by the FSC. *Tel: 0845 094 4746 Email: j.lloyd@fairdealtrading.com Web: www.fairdealtrading.com*

FAIRWIND ONLINE High-quality gifts, home accessories and furniture from developing countries. Buys direct from craftspeople in places like Bali, Java, Mexico, Laos and India. *Tel: 020 8374 6254 Email: info@fairwindonline.com Web: www.fairwindonline.com*

GO FAIR Fairly traded goods from around the world, including Nepal, Thailand and Mexico. Will soon be introducing products from Bali. Handmade metal products, incense boxes, jewellery, etc. *Contact: Padiham Rd, Sabden, Clitheroe, Lancs BB7 9EW. Tel: 01200 400 300 Email: info@gofair.co.uk Web: www.gofair.co.uk*

GOSSYPPIUM Organic & Fairtrade cotton clothing and bed linen via their mail order catalogue, shops in Sussex and website. Wholesale also available. The clothing collection includes t-shirts, underwear, yoga wear & baby wear. *Contact: Unit 1 Shepherd Industrial Estate, Brooks Road, Lewes, BN7 2BY. Tel: 0800 085 6549 Web: www.gossypium.co.uk*

GREEN KNICKERS Ecological, ethical knickers. *Contact: Sarah Lucy Smith, 51 St Julian's Farm Rd, London SE27 0RJ. Tel: 0208 123 7798 Email: sarah@greenknickers.org Web: www.greenknickers.org*

THE GREEN STATIONERY COMPANY supplies green stationery to businesses and voluntary groups. One of the largest ranges in the UK; includes recycled papers, refillable pens, inkjet and laser printer refills, non-toxic desk accessories. *Contact: Studio 1, 114 Walcot St, Bath BA1 5BG. Tel: 01225 480556 Email: sales@greenstat.co.uk Web: www.greenstat.co.uk*

GREENFIBRES Mail-order service: garments made in an ecologically and socially responsible way for adults, children and babies. Materials include organic cotton and linen, Demeter wool, untreated silk and hemp. *Tel: 01803 868001 Email: mail@greenfibres.com Web: www.greenfibres.com*

HATTI TRADING Socially conscious business selling fairly traded products. *Contact: 76 BSS House Cheney Manor, Swindon, SN2 2PJ. Tel: 01793 497871 Email: info@hattitrading.co.uk Web: www.hattitrading.co.uk*

HUG Funky organic cotton company whose cotton is farmed in Peru and dyed with natural dyes. Clothing for men, women, kids and babies. *Contact: 216 Bon Marche Centre, 241-251 Formdale Road, London, SW9 8BJ. Tel: 0845 1301525 Email: info@hug.co.uk Web: www.hug.co.uk*

CLIMATE WITNESS



Osvaldo Bonino Aaron Castellanos, Argentina

Has lived in the village all his life, and was elected head of the district of Castellanos in 2003.

"Aaron Castellanos, in the southern part of Santa Fe, is part of the famous Argentinean Pampas, the place of the endless grasslands, the home of the gaucho. La Picasa lagoon used to cover around 10,000 hectares but by 2004 had tripled its surface. When the lagoon started to grow, in 1997, people thought it was temporary. But La Picasa lagoon never reduced. It kept on growing and growing until it flooded all our fields, our homes, our production. The water took away what always has characterised this region: agriculture and farming. Many members of the community have had to adapt to the change by switching from farming and agriculture to fishing. The only thing that connects us with the rest of Argentina is the national route 7, which crosses Castellanos town and goes to Mendoza and then Chile. For almost seven years, both the national route 7 and the railway have been flooded. Only the ones who remember us come to Aaron Castellanos."

Ffi: www.panda.org/climatewitness



GLOBAL DIRECTORY 2007/8

CONSUMER

KERALA CRAFTS From ayurvedic soaps and balms to woodcarvings, woven fibre baskets, mats and curios, all produced with a Fairtrade ethic. *Contact: 5 Ivy Place, Oldfield Park, Bath BA2 1AR. Tel: 01225 319642 Email: admin@keralacrafts.org Web: www.keralacrafts.org*

NATRACARE Organic cotton tampons and feminine wipes. Natural biodegradable pads and organic babycare toiletries. *Tel: 0117 982 3492 Email: info@natracare.com Web: www.natracare.com*

NATURAL CLOTHING Organic Fairtrade clothing, washable nappies and cotton bedlinen, by mail order. Babies', children's and adults' underwear, socks, slippers and nightwear in pure cotton, merino wool and silk. Biodynamic lambskins, soft toys. Sensitive skin specialists. *Tel: 0845 345 0498 Email: catalogue@naturalclothing.co.uk Web: www.naturalclothing.co.uk*

NATURAL COLLECTION Leading UK sustainable mail-order and online catalogue featuring over 2,000 environmentally considered products. *Contact: Tel: 0870 331 3333 Email: enquiries@naturalcollection.com Web: www.naturalcollection.com*

NATURAL HEALTH SHOWS organise local events showcasing and demonstrating natural health treatments, remedies and intuitive readings. *Contact: 27 Meadow Way, Irthlingborough, Northants NN9 5RS. Tel: 01933 652445/07796 307170 Email: tim@naturalhealthshows.co.uk Web: www.naturalhealthshows.co.uk*

THE NATURAL NURSERY Beautiful clothes, toys, bedding, soft shoes, natural toiletries and more, all created ethically and responsibly. *Contact: 209 North St, Southville, Bristol BS3 1JH. Tel: 0845 890 1665 Email: info@naturalnursery.co.uk Web: www.naturalnursery.co.uk*

NEAL'S YARD REMEDIES Bristol: 126 Whiteladies Rd, Clifton, Bristol BS8 2RP. *Tel: 0117 946 6034 Email: bristol@nealsyardremedies.com Bath: 7 Northumberland Place, Bath BA1 5AR. Tel: 01225 466 944 Email: bath@nealsyardremedies.com Web: www.nealsyardremedies.com*

NEW CONSUMER exists to champion fair trade and ethical living throughout the world, and to change consumer and business behaviour by illustrating the ethical alternative. Produce a bi-monthly magazine and the only Fairtrade Foundation-endorsed Fairtrade Guide for towns and cities across the country. *Contact: Thorn House, 5 Rose St, Edinburgh, EH2 2PR. Tel: 0131 243 2660 Email: 0131 243 2660 Web: www.newconsumer.com*

ONE CARING WORLD *Contact: Ethical Trading Centre, 33 Silver St, Bradford on Avon. Tel: 01225 867485 (clothing), 01225 866590 (wholefoods), 01225 867444 (cafe)*

ONEVILLAGE.ORG Major online shop for craft articles for the home, all brought from community enterprises such as workers' cooperatives and artisans' societies. Rugs, cushions, fabric, lampshades, accessories. *Contact: One Village, Charlbury, Oxon OX7 3SQ. Tel: 01608 811811 Email: progress@onevillage.org Web: www.onevillage.com, www.onevillage.org*

OXFAM runs a number of shops in the region selling secondhand clothes, household goods and books. Donations of these goods are always welcome! Many also stock a range of Fairtrade goods.

Oxfam Shops:
12 Argyle St, Bath BA2 4BQ. *Tel: 01225 466798; 12a George St/Gay St, Bath BA1 2EH. Tel: 01225 464838; 62 Cotham Hill, Bristol BS6 6JR. Tel: 0117 973 5200; 11 Regent St, Bristol BS8 4HW. Tel: 0117 973 9684; 50 High St, Corsham SN13 0EZ. Tel: 01249 719287; 57 High St, Keynsham BS31 1DS. Tel: 0117 986 1055; 5 Silver St, Trowbridge BA14 8AA. Tel: 01225 752133; Chapel Hall Gallery, 9 West St, Weston-super-Mare BS23 1JR. Tel: 01934 415335*

Bookshops:
4-5 Lower Borough Walls, Bath BA1 1QR. *Tel: 01225 469776; 1 Queens Rd, Bristol BS8 1QE. Tel: 0117 929 4890; 26 Princess Victoria St, Clifton, Bristol BS8 4BU. Tel: 0117 946 7926; 56 Cotham Hill, Bristol BS6 6JX. Tel: 0117 946 7443*

Local heroes

You don't have to be a multinational to do something about climate change. Sustainable Redland's Hamish Wills explains

● A couple of years ago, I was walking down my street feeling totally dismayed at the lack of action about climate change. There were - still are - more cars and lorries on our roads than ever, the government wasn't doing anything meaningful and none of us had any idea or worried about how much greenhouse gas our houses emitted. In fact, nobody seemed to care.

After I'd finished blaming everyone else for global warming, I asked myself what I was doing about it, and the answer was... not a lot. I mostly cycled to work and sorted my waste because the council was making us, but knew that my house was just as draughty and greenhouse-gas worthy as anyone else's. I decided there must be others in the neighbourhood with similar thoughts, and wondered what would happen if we could meet together and pool them.

I paced the streets delivering a letter and, after a few weeks, 13 of us met in a nearby hall. Out of that, Sustainable Redland took shape. Our aim was to support each other in reducing our carbon footprints, and bring others along with us. To achieve this we realised we'd need to keep ourselves informed, build up some sort of public profile and give ourselves a plan.

Through having speakers at our regular meetings, we've found out a lot about climate

change, we've started a thriving farmers' market that operates twice a month, we've run open days, printed local leaflets, spread ideas, information and discussion through our website and newsgroup, and become involved with quite a variety of other groups with similar goals. We've made changes to our houses and the way we do things, and most recently we've started a Carbon Reduction Action Group (CRAG) whereby we set ourselves a limit on individual CO2 emissions and regularly meet to see how we're all getting on with keeping under it.

Ffi: www.sustainableredland.org.uk Hamish also runs training courses on starting climate change groups: email hamishwills@btinternet.com



Farmers' Market on Whiteladies Rd

PIC: HAMISH WILLS/SUSTAINABLE REDLAND

OXFAM ONLINE CHARITY SHOP is where people can buy goods donated to Oxfam shops around the UK. *Web www.oxfam.org.uk/shop*

PEOPLE TREE Fairtrade fashion - naturally! *Tel: 0845 450 4595 Email: people@peopletree.co.uk Web: www.peopletree.co.uk*

PLANETSILVERCHILLI.COM is the sister company to Silverchilli, offering beautiful Fairtrade bags and home accessories created by hand from factory-second crisp packets and recycled car tyres. Made by women's and prisoner skills training groups in Mexico. *Email: customers@planetsilverchilli.com Web: www.planetsilverchilli.com*

THE REAL NAPPY CAMPAIGN runs a helpline and web page. To find a local scheme visit www.realnappycampaign.com/nappyfinder *Helpline: 0845 850 0606 Web: www.realnappycampaign.com*

ROY YODAILE BASKETMAKER Domestic baskets made in a combination of stripped and unstripped willow, using various natural bark colours. Commissions welcomed. Two-day courses run in Bristol and Glastonbury. *Contact: 6 Highbury Rd, Horfield, Bristol BS7 0BZ. Tel: 0117 951 1421 Email: roy.yodaile@willowbaskets.biz Web: www.willowbaskets.biz*

SILVERCHILLI.COM Funky Fairtrade silver jewellery from Mexico, including earrings, necklaces, bracelets and cufflinks. Profits given back as grants to the silversmith communities. *Email: enquiries@silverchilli.com Web: www.silverchilli.com*

TEARCRAFT exists to benefit skilled craftspeople from some of the world's poorest communities. Every order extends the opportunities that come with the dignity of employment, fair wages and the hope of a brighter future. Catalogue available. *Tel: 0870 240 4896 Email: tearcraft@prolog.uk.com Web: www.tearcraft.org*

TERRAMAR ORGANICS Online and mail-order clothing company specialising in organic and Fairtrade clothing, starting with the basics. Unique in the UK for their fully

certified organic clothing. *Tel: 07999 613 982 Email: info@terramar.co.uk Web: www.terramar.co.uk*

TIAN has scoured the continent of Asia and beyond to bring you the remarkable properties of natural essential oils. Its philosophy is simple - no harsh chemicals and no animal testing. *Contact: Bare Necessities Ltd, 31 Dudley Close, St John's, Worcs WR2 5RY. Email: www.tian.org.uk Web: www.tian.org.uk*

TRAIDCRAFT EXCHANGE Charitable company providing business development services to overseas producers, promoting ethical business practices internationally and raising UK consumer awareness of Fairtrade issues. *Contact: Kingsway, Gateshead NE11 0NE. Tel: 0191 491 0591 Fax: 0191 482 2690 Web: www.traidcraft.co.uk*

T-SHIRT & SONS LTD The UK's only Soil Association-certified T-shirt printer. *Contact: 11 Washington Rd, West Wilts Trading Estate, Westbury BA13 4JP. Tel: 01373 301645 Web: www.tshirtandsons.co.uk*

TUMI has imported crafts since 1979 from Latin America on a Fairtrade basis. The company promotes greater understanding of Latin American culture, an e-commerce site, wholesale and educational activities and a sister company, Tumi Music Ltd. *Tel: 0117 986 9216 Email: info@tumi.co.uk Web: www.tumi.co.uk, www.tumimusic.co.uk*

VALLEY FAIRTRADE promotes and sells fairly traded products, mainly from the Traidcraft Catalogue. Also acts as Traidcraft Key Contact for the Bristol area. *Contact: Debbie Forge, 28 Barrow Lane, Winford BS40 8AG. Tel: 01275 472391 Email: info@valleyfairtrade.org Web: www.valleyfairtrade.org*

Ethical & Green Travel

ALASTAIR SAWDAY PUBLISHING Publishers of the popular 'Special Places to Stay' and 'Fragile Earth Books' series. Website has links to help you find special places to stay. *Contact: The Old Farmyard, Yanley Lane, Long Ashton, Bristol BS41 9LR. Tel: 01275 395430 Fax: 01275 393388 Email: specialplaces@sawdays.co.uk Web: www.sawdays.co.uk*

ANANDA SOCIETY runs an ecotourism site above Naggar, helping local communities regain self-reliance and return to a sustainable way of life, and offering various voluntary work opportunities to visitors, including tree planting, seed collection and cultivating medicinal plants. *Contact: Pappu (president). Email: pappu@anandaproject.org Web: www.anandaproject.org*

ASSOCIATION OF INDEPENDENT TOUR OPERATORS provides an unrivalled collection of holiday ideas. All members are independent specialist companies offering financial security, high-quality products and excellent personal service. *Contact: 133a St Margaret's Rd, Twickenham, Middlesex TW1 1RG. Tel: 020 8744 9280 Email: info@aito.co.uk Web: www.aito.co.uk*

FUTURE FOOTPRINTS Charitable partnership offering visitors ideas for celebrating and caring for the unique environment of the south west. *Contact: Clare Mitchell/Lynn Gibbons, Future Footprints, Sustainability South West, 2 Rivergate, Temple Quay, Bristol BS1 6EH Tel: 0117 900 1798 Email: info@futurefootprints.org.uk Web: www.futurefootprints.org.uk*

HIMALAYAN KINGDOMS organise treks and expeditions to the Himalayas, based on a deep appreciation of the region, a philosophy of minimal visitor impact and the preservation of land and culture. *Contact: Old Crown House, 18 Market St, Wotton under Edge, Glos GL12 7AE. Tel: 01453 844400 Email: info@himalayankingdoms.com Web: www.himalayankingdoms.com*

MARCO POLO TRAVEL ADVISORY SERVICE Specialists in tailor-made itineraries for the independent and imaginative traveller, as well as small group adventure and walking holidays, including round-the-world flight routings. Plus consultancy service for female travellers seeking practical information, guidance and inspiration. *Contact: 24a Park St, Bristol BS1 5JA. Tel: 0117 9294123 Email: sales@marcopolotravel.co.uk Web: www.marcopolotravel.co.uk*

RESPONSIBLETRAVEL.COM Website with links to operators and publishers with responsible travel policies in 120 countries. *Web: www.responsibletravel.com*

SERVAS International network of travellers and hosts, building peace and understanding by providing opportunities for contact between people of diverse cultures and backgrounds. *Contact: National Secretary, SERVAS Britain, 68 Cadley Rd, Collingbourne Ducis, Marlborough, Wilts SN8 3EB. Tel: 020 8444 7778 Email: servas@servasbritain.u-net.com Web: www.servasbritain.u-net.com*

TOURISM CONCERN Membership organisation campaigning for ethical and fairly traded tourism. Produces educational resources including tourism magazine 'In Focus', and also has a nationwide speaker programme. *Contact: Tourism Concern, Stapleton House, 277-281 Holloway Rd, London N7 8HN. Tel: 020 7133 3330 Email: info@tourismconcern.org.uk Web: www.tourismconcern.org.uk*

TRAIDCRAFT MEET THE PEOPLE TOURS provide a unique insight into real local culture, and challenge the usual idea

of tourism. See Fairtrade in practice and meet the people whose lives are changed. *Contact: Kingsway, Gateshead, Tyne & Wear, NE11 0NE. Tel: 0191 491 0591 Fax: 0191 497 6562 Web: www.traidcraft.co.uk/get_involved/meet_the_people*

TRAVEL FOUNDATION Independent charity working with industry, government and non-government organisations to help the tourism industry and increase sustainability. *Contact: Create Centre, Smeaton Rd, Bristol BS1 6XN. Tel: 0117 927 3049 Email: admin@thetravelfoundation.org.uk Web: www.thetravelfoundation.org.uk*

TRIPS WORLDWIDE Tour operator and travel agency with a conscience, promoting the benefits of tourism and reducing the negative effects. Specialising in Latin America and alternative Caribbean. *Contact: 14 Frederick Place, Clifton, Bristol BS8 1AS. Tel: 0117 311 4400 Email: info@tripsworldwide.co.uk Web: www.tripsworldwide.co.uk*

WWOOF offers worldwide opportunities to work on organic farms. Join WWOOF and work in exchange for free accommodation. Membership includes directory. *Web: www.woofinternational.org/home (international), www.woof.org.uk (UK only)*

Food Campaigning

ANIMAL RIGHTS COALITION NEWS Monthly animal rights magazine aimed at grassroots supporters, including local, national and international news. *Contact: PO Box 339, Wolverhampton, West Midlands WV10 7BZ. Tel: 0845 458 0146 Web: www.arcnews.co.uk*

THE BETTER FOOD CO Local food store and wholesaler, stocking a huge range of organic and nutritious produce and running a fruit and veg box scheme. *Contact: The Bristol Proving House, Sevier St, St Werburghs, Bristol BS2 9QS. Tel: 0117 935 1725 Fax: 0117 941 4520 Email: admin@betterfood.co.uk Web: www.betterfood.co.uk*

BISHOPSTON OPPOSING GLUT OF SUPERMARKETS (BOGOFs) Say no to another supermarket on Gloucester Road. *Contact: PO Box 241, 82 Colston St, Bristol BS1 5BB. Email: info@bogofs.org Web: www.bogofs.org*

COMPASSION IN WORLD FARMING has a tremendous track record in achieving real change for farm animals by carrying out hard-hitting political lobbying, investigations that expose cruelty to farm animals and high-profile campaigns. *Contact: River Court, Mill Lane, Godalming, Surrey GU7 1EZ. Tel: 01483 521950 Web: www.ciwf.org.uk*

FARESHARE National charity which redistributes quality surplus food from the food industry to organisations working with homeless and vulnerable people in community day centres and hostels. *Contact: Unit H04, Tower Bridge Business Complex, 100 Clements Rd, Bermondsey, London SE16 4DG. Tel: 020 7394 2468 Email: enquiries@fareshare.org.uk Web: www.fareshare.org.uk*

FARMING & WILDLIFE ADVISORY GROUP (FWAG) provides independent professional advice to farmers and landowners on environmentally responsible farming. *Contact: FWAG, SW Region, Watery Barn, Thorverton, Exeter, Devon EX5 5PN. Tel: 01392 861429 Email: tim.brooks@fwag.org.uk Web: www.fwag.org.uk*

THE FOOD COMMISSION Independent, voluntary body campaigning for safer, healthier food in the UK. You can subscribe to the FC's own Food Magazine, containing product investigations, research, food campaigns and the latest news on diet and health. *Contact: 94 White Lion St, London N1 9PF. Tel: 020 7837 2250 Email: enquiries@foodcomm.org.uk Web: www.foodcomm.org.uk*

FOUNDATIONS FOR LOCAL FOOD INITIATIVES Not-for-profit cooperative company that supports and promotes healthy food economies as a key part of sustainable development. *Contact: PO Box 1234, Bristol BS99 2PG. Tel: 0845 458 6060 Email: mail@localfood.org.uk Web: www.localfood.org.uk*



Fashion victims

Who pays for our cheap clothes? Martin Hearson of Labour Behind the Label wants you to help tidy up the fashion industry

● Women's clothing prices have fallen by a third in 10 years and we buy twice as many clothes as we did a decade ago. The 'value' end of the market is booming: we buy 40% of all our clothes at retailers like Matalan and Peacocks, with just 17% of our clothing budget.

The savvy shopper can pick up a stylish new top for a fiver or even less, making it practically disposable. This, along with ground-breaking supply-chain management techniques that mean clothes go from catwalk to high street in as little as five weeks, is why the buzz-word in clothing retail today is 'fast fashion'. The question is, of course: at what cost?

The answer is more tricky than it might seem. Low pay and exploitation is rife across the entire garment industry, and not unique to the 'value' retailers. In fact, cheap brands like Primark and Tesco often source from the same factories as retailers like M&S, and even upmarket designer brands like Armani.

The fall in prices driven by the rapid growth of 'value' retailers makes it harder for retailers to do anything about pay and conditions - they have to cut costs everywhere if they want to compete. And suppliers know that they, too, must tighten the screws: this means low pay, long hours and increasing use of temporary and informal workers, whose precarious position means they're less likely to object.

The biggest challenge for fashion brands and retailers is to make sure that workers get a living wage - not the minimum wage in their country, which is usually only half what they and their families need to make ends meet. So what can you do?

Well, since exploitation and low pay are systemic, where you shop isn't the important thing. It's fair to say that while workers producing for cheap retailers may not earn less than those producing for others, they're less likely to see any improvement in the future - but the end results of any boycotts on the part of consumers are likely to be that workers lose their jobs.

What really matters is whether you take your responsibility as a consumer seriously. Get active: ask about this issue in shops, write to your favourite brands, find out more online and join a campaign like Labour Behind the Label. The stronger the message from consumers, the more likely the brands are to take notice.

Efi: Find out more about individual companies: www.cleanupfashion.co.uk Join the campaign: www.labourbehindthelabel.org

Handy tips
to... Cut
the carbon footprint

CONSUME LESS, REUSE OR SWAP. See uk.freecycle.org.
Bristol: groups.yahoo.com/group/FreecycleBristol; Bath: groups.yahoo.com/group/bathfreecycle

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CONSUMER

CLIMATE WITNESS

Penina Moce Kabara Island, Fiji

Has five children and lives in Udu on Kabara Island.

"We've begun to notice that the fish and shellfish we used to be able to gather so easily are getting harder to find. We used to catch enough fish in the shallows. But now we have to go further out, and the women are spending longer and longer in the seawater. Fish used to bite quickly – now we can spend more than an hour in the seawater before we get a single bite. The fish are often tiny, barely enough for a meal. One of our great delicacies, the gera shellfish, is now very difficult to find. There also used to be colourful, live coral from the edge of the beach out to the reef. But now everything has gone white. Another thing we've noticed is that the sea is slowly eroding our coastline and spreading the sand over our fishing grounds. The

seagrass beds have also spread quickly, clogging up the natural flow of water within the fishing grounds and burying the coral."

Ffi: www.panda.org/climatewitness



Contact: 8A Guildhall Hill, Norwich, Norfolk NR2 1JG. Tel: 01603 765670 Email: info@bananalink.org.uk Web: www.bananalink.org

BRITISH ASSOCIATION FOR FAIRTRADE SHOPS (BAFTS)

Network of Fairtrade shops aiming to promote Fairtrade on the high street as an economic and political reality. Contact: PO Box 719, Oxford OX1 9EJ. Tel: 07882 680113 Email: info@bafts.org.uk Web: www.bafts.org.uk

CLEAN CLOTHES CAMPAIGN European network of organisations aimed at improving the working conditions of global garment workers. Contact: International Secretariat, Postbus 11584, 1001 GN Amsterdam, The Netherlands. Tel: +31 20 412 2785 Email: info@cleanclothes.org Web: www.cleanclothes.org UK campaign: www.labourbehindthelabel.org (see listing below)

CORPORATE EUROPE OBSERVATORY (CEO) European-based research and campaign group targeting the threats to democracy, equality, social justice and the environment posed by the economic and political power of corporations and their lobby groups. Contact: De Wittenstraat 25, 1052 AK Amsterdam, Netherlands Tel: +31 20 612 7023 Web: www.corporateeurope.org

CORPORATE WATCH UK Small, independent not-for-profit research and publishing group that undertakes research on the social and environmental impact of large corporations, particularly multinationals. Contact: 16B Cherwell St, Oxford OX4 1BG. Tel: 01865 791391 Email: mail@corporatewatch.org Web: www.corporatewatch.org

ETHICAL TRADING INITIATIVE Alliance of companies, NGOs and trade union organisations working to promote good practice in the implementation of labour practice codes. Contact: 2nd Floor, Cromwell House, 14 Fulwood Place, London WC1V 6HZ. Tel: 020 7841 5180 Email: eti@eti.org.uk Web: www.ethicaltrade.org

EUROPEAN FAIRTRADE ASSOCIATION (EFTA)

Association of 13 Fairtrade organisations based in 10 European countries. Seeks to stimulate practical cooperation between its members. Also lobbies for the adoption of Fairtrade principles in commercial trading in Europe. Contact: Head Office, Kerkevege 1, NL-6305 BC, Schin op Geul, The Netherlands. Tel: (+31) 43 325 6917 Fax: (+31) 43 325 8433 Email: efta@antenna.nl Web: www.eftafairtrade.org

FAIRTRADE FOUNDATION The Fairtrade mark appears on products as an independent consumer guarantee of a better deal for producers in developing countries. In the UK, it's awarded by the Fairtrade Foundation. Contact: Room 204, 16 Baldwin's Gardens, London EC1N 7RJ. Tel: 020 7405 5942 Fax: 020 7405 5943 Email: mail@fairtrade.org Web: www.fairtrade.org.uk

FAIRTRADE LABELLING ORGANISATIONS (FLO)

INTERNATIONAL Umbrella organisation uniting 20 Labelling Initiatives in 21 countries, as well as Producer Networks representing Fairtrade Certified Producer Organisations (FCPO) in Central and South America, Africa and Asia. Contact: Bonner Talweg 177, 53129 Bonn, Germany. Tel: +49 228 949230 Fax: +49 228 2421713 Email: info@fairtrade.net Web: www.fairtrade.net

GLOBAL TRADE WATCH (GTW) promotes democracy by challenging corporate globalisation, arguing that the current globalisation model is neither a random inevitability nor 'free trade'. Contact: 1600 20th Street NW, Washington DC 20009. Tel: +1 202 588 1000 Web: www.citizen.org/trade

GLOBAL WITNESS exposes the corrupt exploitation of natural resources and international trade systems, to drive campaigns that end impunity, resource-linked conflict, and human rights and environmental abuses. Information from field investigations and research is used to brief governments, NGOs and media in order to achieve positive change. Contact: PO Box 6042, London N19 5WP. Tel: 020 7272 6731 Email: mail@globalwitness.org Web: www.globalwitness.org

INTERNATIONAL FEDERATION OF ORGANIC

AGRICULTURE MOVEMENTS works for the worldwide adoption of ecologically, socially and economically sound systems based on the principles of organic agriculture. Contact: IFOAM Head Office, Charles-de-Gaulle-Str. 5, 53113 Bonn, Germany. Tel: +49 (0) 228 926 5010 Fax: +49 (0) 228 926 5099 Email: headoffice@ifoam.org Web: www.ifoam.org

THE LAND IS OURS campaigns peacefully for access to land, its resources and the decision-making process affecting them, for everyone, irrespective of race, age or gender. Contact: Simon Fairlie, Chapter 7, The Potato Store, Flax Drayton Farm, South Pertherton, Somerset TA13. Tel: 01460 249 204 Email: chapter7@tlio.org.uk Web: www.tlio.org.uk

MARINE STEWARDSHIP COUNCIL MSC Independent non-profit organisation that promotes responsible fishing practices. Look out for the MSC logo on seafood products: a guarantee that the fish comes from a sustainable source. Web: www.msc.org

PERMACULTURE ASSOCIATION supports the design and creation of sustainable systems - schools, farms, neighbourhoods, lifestyles - through training, networking of projects and activities. Contact: BCM Permaculture Association, London WC1N 3XX. Tel/fax: 0845 458 1805 Email: office@permaculture.org.uk Web: www.permaculture.org.uk

SOIL ASSOCIATION Membership charity, and the UK's largest organic certification body. It's also the only certification body linked to a committed charity, promoting organic food and farming to its customers. Contact: South Plaza, Marlborough St, Bristol BS1 Tel: 0117 314 5000 Fax: 0117 314 5001 Email: info@soilassociation.org Web: www.soilassociation.org, www.whyoorganic.org

SOMERSET FOOD LINKS A team of dedicated people committed to developing a thriving and sustainable local food system throughout the county and neighbouring areas. Contact: Units 10&11, Bridge Barns, Long Sutton, Langport, Somerset TA10 9PZ. Tel: 01458 241401 Email: enquiries@foodlinks.org.uk Web: www.foodlinks.org.uk

SUSTAIN: THE ALLIANCE FOR BETTER FOOD & FARMING advocates food and agriculture policies and practices that enhance the health and welfare of people and animals, and improve the working and living environment. Contact: 94 White Lion St, London N1 9PE Tel: 020 7837 1228 Fax: 020 7837 1141 Email: sustain@sustainweb.org Web: www.sustainweb.org

THE VEGAN SOCIETY promotes ways of living free from

animal products - for the benefit of people, animals and the environment. Contact: Donald Watson House, 21 Hylton St, Hockley, Birmingham B18 6HJ. Tel: 0121 523 1730 Tel: 0845 458 8244 Email: info@vegansociety.com Web: www.vegansociety.com

VEGETARIAN & VEGAN FOUNDATION (VVF) Science-based body established to monitor and interpret the growing avalanche of research into diet and health, and the benefits of a plant-based diet. The VVF also does school talks, produces a magazine and answers queries from the public about their diet. Contact: Top Suite, 8 York Court, Wilder St, Bristol BS2 8QH. Tel: 0117 970 5190 Email: info@vegetarian.org.uk Web: www.vegetarian.org.uk

VEGETARIAN SOCIETY Educational charity promoting understanding and respect for vegetarian lifestyles. Contact: Parkdale, Dunham Rd, Altrincham, Cheshire WA14 4QG. Tel: 0161 925 2000 Email: info@vegsoc.org Web: www.vegsoc.org

VEGETARIANS INTERNATIONAL VOICE FOR ANIMALS

(VIVA!) Europe's leading vegetarian campaigning group, actively working to highlight the plight of farmed animals and promote the benefits of a vegetarian/vegan diet. Free 'Go Veggie' pack available. Contact: 8 York Court, Wilder St, Bristol BS2 8QH. Tel: 0117 944 1000 Email: info@viva.org.uk Web: www.viva.org.uk

VEGFAM Vegan charity that provides relief to victims of drought, flood, war and other emergencies and promotes the advantages of a vegan diet and lifestyle for feeding the world in an environmentally friendly way. Contact: The Secretary, c/o Cwm Cottage, Cwmynys, Cilycwm, Llandoverly, Carmarthenshire SA20 0EU. Tel: 01550 721 197 Email: vegfam@veganvillage.co.uk Web: www.veganvillage.co.uk

Campaigning on International Trade

BABY MILK ACTION works within a global network to strengthen independent, transparent and effective controls on the marketing of the baby-feeding industry, and aims to end the avoidable suffering caused by inappropriate infant feeding. Contact: 34 Trumpington St, Cambridge CB1 1QY. Tel: 01223 464420 Email: info@babymilkaction.org Web: www.babymilkaction.org

BANANA LINK campaigns for a fair and sustainable banana trade, and works closely with banana workers' trade unions, small farmers and civil society organisations. Part of the European Banana Action Network (Euroban).